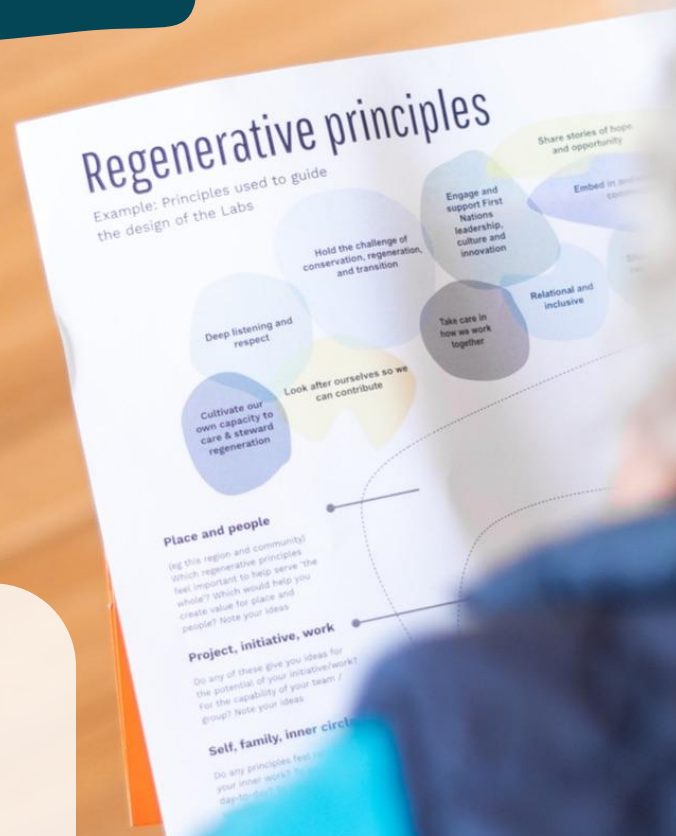


Working with Regenerative Principles



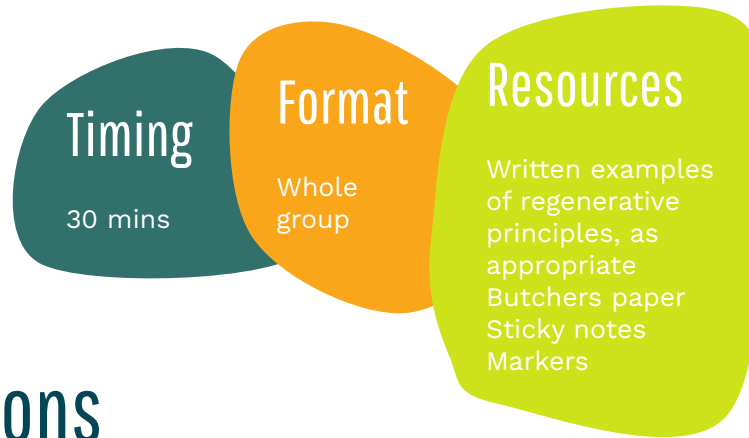
Purpose

This activity introduces the concept of working with Regenerative Principles.

Goals and Outcomes

- Provide one (of several) ways to work regeneratively
- Make concrete links between regeneration and the day-to-day in terms of the self, projects, and beyond.

EXPLORING REGENERATION AND WORKING WITH REGENERATIVE PRINCIPLES



Instructions

Assumptions

This activity can be prefaced with the handout 'What do we mean by Regeneration?'

Step 1: What do we mean by regeneration? [10 mins]

Ask table groups to discuss: What are examples of regeneration? At the end of the time, ask for examples.

Step 2: Regenerative principles [10 min]

Provide the 'Working with Regenerative Principles' handout. At group tables, ask participants to discuss the following:

- What are principles?
- How do you use principles in your day-to-day? For instance at work (Example: punctuality as a principle)
- What kinds of principles might you use to help you make regenerative decisions?

Step 3: Debrief [10 min]

Hear from the groups. What was discussed? Do they have any examples of regenerative principles?

Handouts

On the next pages you will find the following handout:

- **Working with Regenerative Principles** - To help give ideas about regenerative principles, this handout gives examples of principles that could be used to guide regenerative decision-making in different contexts. These were generated by the Working Groups for previous Labs.

Go Further

- **Lines of Work** - Regenerative principles can be used across all lines of work. Ask participants to brainstorm one or two principles for each line of work, as it applies to them.

Tip

Flex timing

Consider allowing extra time for this activity, depending on how experienced participants are with regeneration.



INNOVATE TO
REGENERATE

THE
AUSTRALIAN
CENTRE FOR
SOCIAL
INNOVATION



HANDOUTS

WHAT DO WE MEAN BY REGENERATE?

“Our current economic system is degenerative and extractive; it steals the future. A regeneratively designed system heals the future.”

—Damon Gameau



Regeneration means putting life at the centre of every action and decision. It’s about bringing vitality and renewed growth to our communities and to our ecosystems.



What do we mean by ‘regenerate’?

Regeneration brings vitality and renewed growth to our communities and to our ecosystems - putting life and connection at the centre of every decision we make. It is the default mode of life - we can see this from how cells in the body regenerate to how a forest can come back to life after a fire.

While regeneration and sustainability overlap, there is a key difference between the two. While sustainability seeks to maintain systems without degrading them, regeneration takes things a big step further. Regenerative design and development work to reverse environmental degradation and social fracturing by enabling human systems to co-evolve with nature.

A regenerative approach places humans within ecosystems, not above or separate from the natural environment. The idea of our custodianship of the land is held by many First Nations peoples and is very different to the modern focus on domination and extraction of nature.

“If we start to transition towards a human culture that is embedding humans back in their correct role as a custodial species then we’re looking at a return, we’re looking at something that’s doable. We are the carers of creation.”

—Tyson Yunkporta



INNOVATE TO
REGENERATE



WHAT DO WE MEAN BY A REGENERATIVE ENTERPRISE?



INNOVATE TO
REGENERATE



Three dimensions of regenerative enterprises

The Labs focus on how enterprises can contribute to regeneration in three ways: environmental, economic, and social. In how enterprises are set up, how they are run, how products and services are delivered, and in how people work together, enterprises can have a positive impact on environmental and social health, as well as a thriving local economy. Many Local Learning Lab activities are designed to help people identify ways their enterprise can contribute to regeneration.

Positive
environmental
impact



“Regeneration recognises that human and planetary health are deeply interwoven, and actively seeks to enable the flourishing of human and non-human life, on an ongoing basis, forever.”
—Regenerative Songlines Australia

Builds social
resilience



“If we start to transition towards a human culture that is embedding humans back in their correct role as custodial species then we’re looking at a return, we’re looking at something that’s doable. We are the carers of creation.”
—Tyson Yunkaporta

Local
economic
development



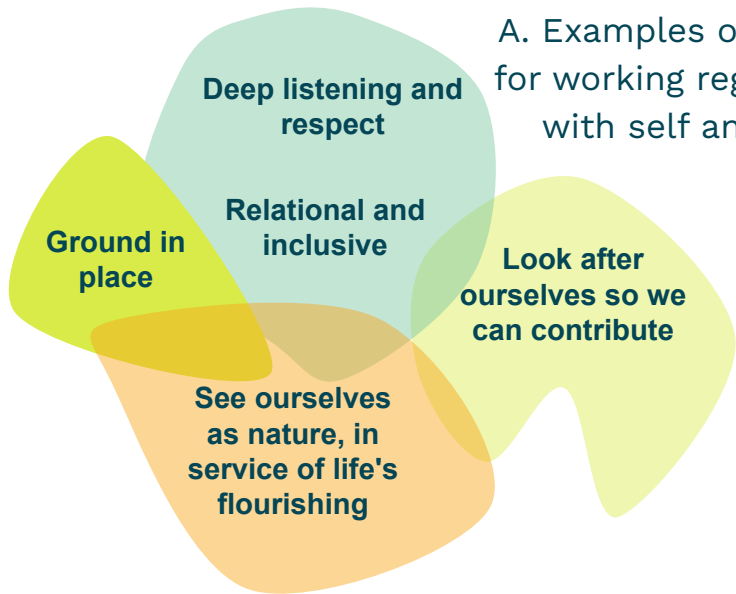
“Our current economic system is degenerative and extractive; it steals the future. A regeneratively designed system heals the future.”
—Damon Gameau, Director, Regen Studios

WORKING WITH REGENERATIVE PRINCIPLES

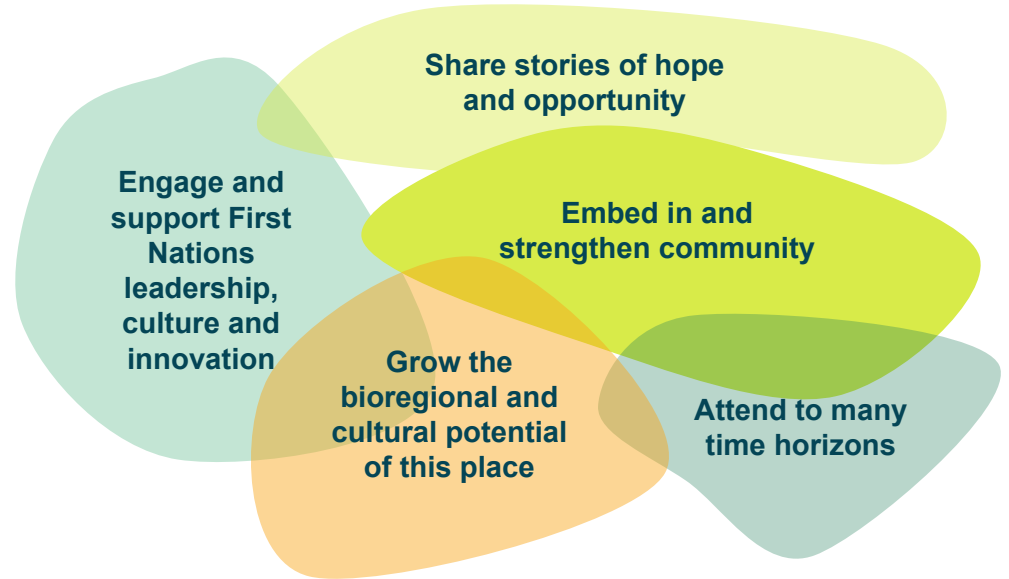
What principles guide your choices? What principles help you work in ways that are regenerative?

Examples of regenerative principles for different contexts:

A. Examples of principles for working regeneratively with self and others

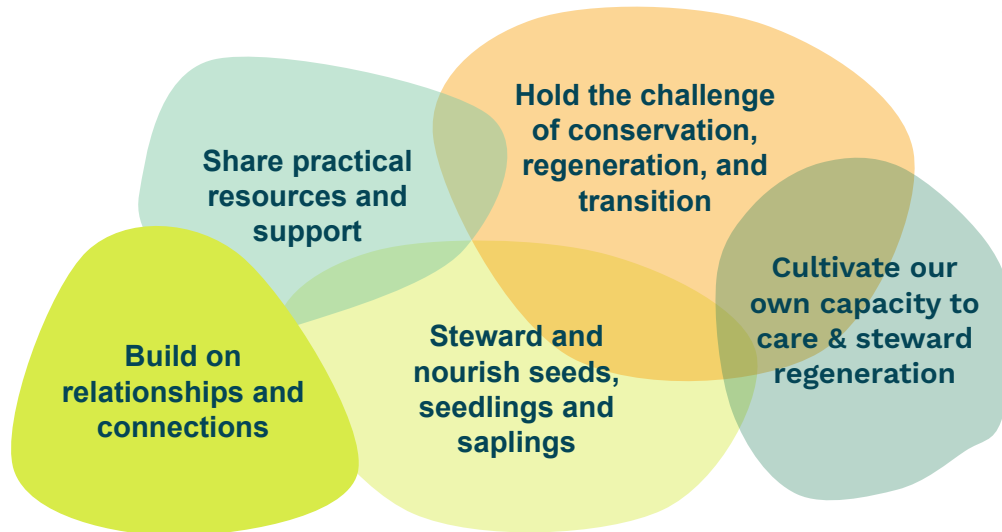


Share stories of hope and opportunity



B. Examples of principles for working regeneratively with community

C. Examples of regenerative principles that the working team used to guide the design of the Lab



WORKING WITH NESTED SYSTEMS AND LINES OF WORK

In the activities of this Lab, you will encounter ideas about how regeneration involves adding value within and between nested systems - like these three “lines of work” (Regenesis)

Place and people

(eg this region and community)
Application for ‘the whole’;
Creating value for place and people

Project, initiative, work

Application to the potential of your work, the capability of your group, your network of interactions

Self

Application to your inner work, your day-to-day, and how you relate to others



INNOVATE TO
REGENERATE

THE
AUSTRALIAN
CENTRE FOR
SOCIAL
INNOVATION

