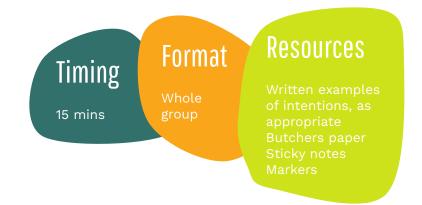


SHARED INTENT



Instructions

Assumptions

This activity follows Context Setting and Connection activities.

Step 1: Why shared intentions?

What commitments have you made to yourself for this Lab? What commitments might we make to each other for this Lab? How might you make this a positive experience for yourself and for each other?

Option 1: Share a starter list [5 min]

What intentions does your Working Group hold for the Lab? Name these, then offer them to the participant group as a starting point. E.g. "Here are the intentions we have been holding for the Lab and for ourselves". Ask participants to consider what they would add in order to create the Lab experience they hope to have, and to create for one another.

OR

Option 2: Build from scratch [5 min]

Ask participants to reflect on the following questions:

- What hope or goal brought you here?
- What do you hope to get out of this Lab?
- What might you give?
- How might we make this a positive experience?

Step 2: Sharing [10 min]

Ask participants to share the intentions they hold for the Lab, if comfortable. Write them up on a sheet of butchers paper. Anyone not comfortable sharing can add their items to the list at the end of the activity.





