Andrea Lane



Starting Well Workshop Guide











Purpose

Officially kick off a working group for a Lab.

Goals and Outcomes

- Come together around the potential of the Lab and shared principles
- Establish roles and ways of working
- Begin mapping partners and adapting timeline
- Agree next steps

















Carli Leimbach on Gadigal Land (WWF)









CONVENING A WORKING GROUP

Starting Well Workshop

Assumptions

This workshop assumes that the working group has committed to hosting a Lab or other event. It also assumes that the all the people who need to be involved are present, and will have a role to play in developing, hosting, and following up the Lab.

Hello, Acknowledgement and Introductions [10 min]

Allow time to greet each other, do any introductions, offer an Acknowledgement of Country, and check that the agenda and time work for the group

Activity 1: Lab Potential [40 min]

Start with inspiration and big picture. This activity asks the participants one question: What excites us about this Lab, in this place? Give participants 5-10 minutes to add their thoughts. Share and discuss.

Activity 2: Our Regenerative Principles [20 min]

Developing a set of regenerative principles together is similar to developing a set of shared intentions. This activity asks participants to consider a set of principles drawn from other regenerative practices, and to develop their own.

Activity 3: Rhythms and Responsibilities [20 min]

Work through each question. Get to the nitty gritty of who will do what and how you will work together. Get these basics agreed to make working together easier.

Activity 4: Partners [20 min]

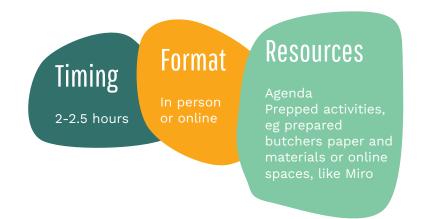
As time allows and so that working group members can keep moving quickly after the Starting Well conversation, spend a little time brainstorming potential partners.

Timeline and Planning [30 min] As needed

Work through the timeline and establish any key milestone dates that have not been agreed so far. Link to responsibilities. Go to the next level of planning tasks.

Close and next steps [10 min]

Agree next steps. Who will do what? When will you meet next, and for how long?



Workshop Guide

On the next pages you will find the following workshop guide:

Starting Well - The 'Starting Well' workshop guide sets
out some activities that will help a working group get going
and set some norms. For the 'Lab potential' and
'Regenerative Principles' activity it provides examples of
participant input







WORKSHOP GUIDE

Hello



LOCAL LEARNING LAB Starting Well

Forming a Working Group









We acknowledge the traditional custodians and owners of the lands in which we work and live on across Australia. We pay our respects to Elders of the past, present and emerging. We are committed to collaboration that furthers self-determination and creates a better future for all.







Agenda

Lab Potential

Our Regenerative Principles

Rhythms and Responsibilities

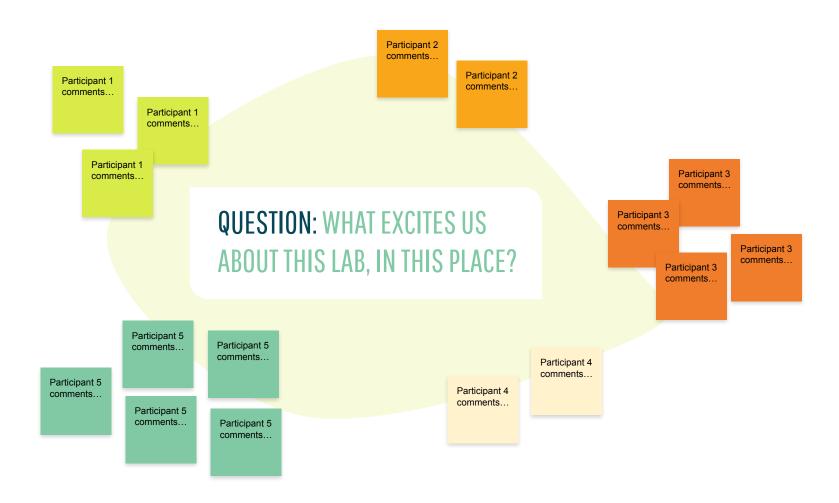
Partners







Activity 1: Lab Potential









Example: Lab Potential

QUESTION: WHAT EXCITES US ABOUT THIS LAB, IN THIS PLACE?

Participant #1

Embraces all the things we're all working on from various places

Embracing the role of arts in place

Potential of realising how things are connected

Social enterprise

Participant #2

New enterprises that might be seeded in process

New relationships and new partnerships sparking new things

> Learning Doughnut Economics

Supporting enterprises afterwards

Chance to test a collective project we've been considering

Participant #3

Experimentation and try new things

Get together and be excited again

Connect people who are starting with ideas

Capacity building

Participant #4

Strengthening the things already happening here

Social enterprise
- thinking
regeneratively

Bringing in Participatory Evaluation

Participant #5

Regen-readiness: the good work that has already happened, partnerships, willingness for change

Love of this region

The ideas that may come out

Working with all of you!

Participant #6

Opportunity to be there and get to know your place!

Fostering mini and many plantings across the region

GIPPSLAND WORKING GROUP EXAMPLE—RESPONSES







Activity 2: Our Regenerative Principles

What principles will be important for us, for this Lab or event?



vote

Participant 1 comments..

Participant 2

comments.

Holding the challenge of transition

Cultivating our own capacity to care & steward regeneration

Participant 3 comments..

Acting from Nature, as source

Participant 4 comments...

Regenerative ends and means

Attending to many

In service of life

time horizons

Participant 5

Copy and paste post-it notes

SAMPLE PRINCIPLES

FOR DISCUSSION

What is important for our shared way of working?

What kind of experience do you hope to create for others?

What would

you add or

change?

Taking a relational & participatory approach

> Furthering local and individual agency & self-determination

> > Working with the will and capacity for self-organising, growth & healing

> > > Deep listening, respect and co-creation

Engaging and supporting First Nations leadership, culture and innovation







Example: Our Regenerative Principles

What principles will be important for us, for this Lab?









Example: Our Regenerative Principles

Cultivating our own capacity to care & steward regeneration

Working with will and capacity for self-organising, growth and healing Strengths-based; Furthering local and individual agency & self-determination

> Being present to what's there, what's emerging, etc.

Meeting people where they are at; learning, growing and thriving together

GIPPSLAND WORKING GROUP EXAMPLE (FINAL)

Astrong sense of purpose, urgency and need for action to restore our natural world

Weavership Taking a relational
& participatory
approach

Holding the challenge of conservation, regeneration, and transition

Engaging and supporting First Nations leadership, culture and innovation

Acting from source, as nature;
Attending to many time horizons

Imagining what we could do here, in pursuit of a good life, in service of life







Activity 3: Rhythms and responsibilities

Comms / Social Media Lab/Event Working Group - Co-develop **Working Rhythms** How often? Who? Who? For how long? What channels? Where? In-person, online? Lab/Event Lead - Coordinate & Connect **Gathering Local Data & History** Communicating Who? Who? How? Eg Email, Slack, WhatsApp, Messenger, What needs to be gathered? etc

Lab/Event Facilitation

Who?

Developing Final Documentation

Who?

File format?

Sharing Files and Pictures

How? Eg Google docs







Activity 4: Partners

Indigenous Partners

Traditional Custodians Add suggestions Add suggestions Add suggestions Welcome to Country Add suggestions Walk on Country Add suggestions Who will contact them?





Partners / Sponsors



Photography / Video



Local Supports



Graphic Recording



Regeneration Projects



Event Location

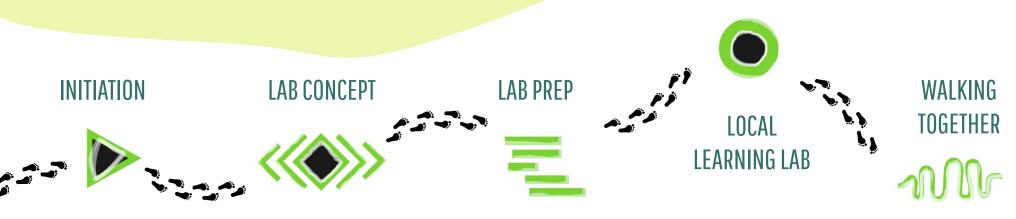








Adapt and refine Lab timeline



Decision: A Lab/ event is right for us

- Initial stakeholder consultations in a community/region
- Review of approach and value proposition based on community needs and opportunities
- Agree to move forward
- Community lead identified
- First Nations advisor identified

Allow 4-8 weeks to agree the concept and launch the event

- Starting well session to form working group and confirm scope and goals
- Conceptual design session(s) to agree high level design and location
- Develop initial communications, materials, and registration process
- Launch event

Allow 2 months to promote and prepare

- Social media and word of mouth recruitment
- Confirm participants no less than 2 weeks prior
- Arrange Welcome to Country and Walk on Country
- Detailed event coordination and facilitation planning
- Participant communications

Allow a week to prep and host a 2.5 day Lab

- Friday Film preview, dinner, and Our Community Vision workshop
- Saturday-Sunday
 Local Learning Lab

Allow 4-6 weeks for follow up

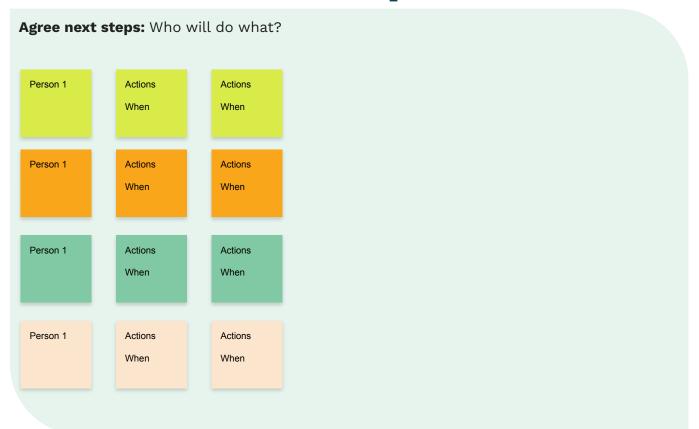
- Working group debrief and reflection
- Lab documented and shared with participants
- 2 x follow up sessions with participants
- Coordination with any funding providers and ongoing support (if available)







Close and Next Steps



Agree next meeting: When? How long? Key focus?





